

Height/weight charts

| Super Preferred, Preferred, Super Standard, Standard build height | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|------|------|-------|-------|------|------|------|------|------|------|------|------|------|------|-------|-------|------|------|------|------|------|------|------|------|------|------|
| Age 20-44 male and female | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Height | 4'8" | 4'9" | 4'10" | 4'11" | 5'0" | 5'1" | 5'2" | 5'3" | 5'4" | 5'5" | 5'6" | 5'7" | 5'8" | 5'9" | 5'10" | 5'11" | 6'0" | 6'1" | 6'2" | 6'3" | 6'4" | 6'5" | 6'6" | 6'7" | 6'8" | 6'9" |
| Super Preferred | 129 | 134 | 139 | 144 | 149 | 154 | 159 | 164 | 169 | 174 | 180 | 185 | 191 | 197 | 202 | 208 | 214 | 220 | 226 | 232 | 239 | 245 | 251 | 258 | 264 | 271 |
| Preferred | 138 | 143 | 148 | 153 | 159 | 164 | 170 | 175 | 181 | 186 | 192 | 198 | 204 | 210 | 216 | 222 | 229 | 235 | 242 | 248 | 255 | 262 | 269 | 276 | 283 | 290 |
| Super Standard | 147 | 152 | 158 | 163 | 169 | 175 | 180 | 186 | 192 | 198 | 205 | 211 | 217 | 224 | 230 | 237 | 244 | 250 | 257 | 264 | 271 | 279 | 286 | 293 | 301 | 308 |
| Standard | 162 | 168 | 174 | 180 | 186 | 193 | 199 | 206 | 212 | 219 | 226 | 233 | 240 | 247 | 254 | 261 | 269 | 276 | 284 | 292 | 299 | 307 | 315 | 323 | 332 | 340 |

| Super Preferred, Preferred, Super Standard, Standard build height | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|------|------|-------|-------|------|------|------|------|------|------|------|------|------|------|-------|-------|------|------|------|------|------|------|------|------|------|------|
| Age 45-64 male and female | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Height | 4'8" | 4'9" | 4'10" | 4'11" | 5'0" | 5'1" | 5'2" | 5'3" | 5'4" | 5'5" | 5'6" | 5'7" | 5'8" | 5'9" | 5'10" | 5'11" | 6'0" | 6'1" | 6'2" | 6'3" | 6'4" | 6'5" | 6'6" | 6'7" | 6'8" | 6'9" |
| Super Preferred | 132 | 136 | 141 | 146 | 151 | 156 | 161 | 167 | 172 | 177 | 183 | 188 | 194 | 200 | 206 | 212 | 218 | 224 | 230 | 236 | 243 | 249 | 256 | 262 | 269 | 276 |
| Preferred | 140 | 146 | 151 | 156 | 161 | 167 | 172 | 178 | 184 | 189 | 195 | 201 | 207 | 213 | 220 | 226 | 232 | 239 | 246 | 252 | 259 | 266 | 273 | 280 | 287 | 294 |
| Super Standard | 152 | 157 | 163 | 168 | 174 | 180 | 186 | 192 | 198 | 204 | 211 | 217 | 224 | 230 | 237 | 244 | 251 | 258 | 265 | 272 | 280 | 287 | 295 | 302 | 310 | 318 |
| Standard | 167 | 173 | 179 | 185 | 192 | 198 | 205 | 211 | 218 | 225 | 232 | 239 | 246 | 253 | 261 | 268 | 276 | 284 | 292 | 300 | 308 | 316 | 324 | 332 | 341 | 349 |

| Super Preferred, Preferred, Super Standard, Standard build height | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|------|------|-------|-------|------|------|------|------|------|------|------|------|------|------|-------|-------|------|------|------|------|------|------|------|------|------|------|
| Age 65 & up male and female | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Height | 4'8" | 4'9" | 4'10" | 4'11" | 5'0" | 5'1" | 5'2" | 5'3" | 5'4" | 5'5" | 5'6" | 5'7" | 5'8" | 5'9" | 5'10" | 5'11" | 6'0" | 6'1" | 6'2" | 6'3" | 6'4" | 6'5" | 6'6" | 6'7" | 6'8" | 6'9" |
| Super Preferred | 134 | 139 | 144 | 149 | 154 | 159 | 164 | 169 | 175 | 180 | 186 | 192 | 197 | 203 | 209 | 215 | 221 | 228 | 234 | 240 | 247 | 253 | 260 | 267 | 273 | 280 |
| Preferred | 143 | 148 | 153 | 158 | 164 | 169 | 175 | 181 | 187 | 192 | 198 | 204 | 211 | 217 | 223 | 230 | 236 | 243 | 250 | 256 | 263 | 270 | 277 | 284 | 292 | 299 |
| Super Standard | 156 | 162 | 167 | 173 | 179 | 185 | 191 | 198 | 204 | 210 | 217 | 224 | 230 | 237 | 244 | 251 | 258 | 266 | 273 | 280 | 288 | 295 | 303 | 311 | 319 | 327 |
| Standard | 167 | 173 | 179 | 185 | 192 | 198 | 205 | 211 | 218 | 225 | 232 | 239 | 246 | 253 | 261 | 268 | 276 | 284 | 292 | 300 | 308 | 316 | 324 | 332 | 341 | 349 |